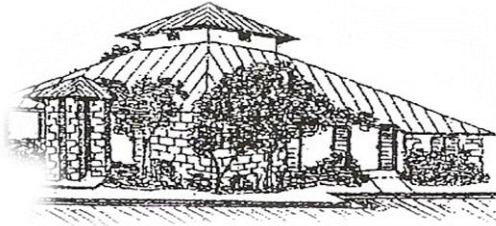


.Kirwan Uniting Church



kirwanunitingchurch@gmail.com

Church Office – 4723 2932

<https://kirwanunitingchurch.org.au>

Pastor Richard Lance - 0447 447 945

rh lance@fastmail.fm

KEEPING IN TOUCH

WELCOME! *We welcome all visitors with us today, and pray your time with us will be a blessed one.*

Please stay and share morning tea with us after the Service.

Kirwan's Mission Statement

To be a people of God led by the Holy Spirit to practise and spread the love of Jesus Christ in the world

14th July, 2019

Worship Leaders for Today

Preacher: Pastor Richard Lance

Reader: Eleanor De Munari

Lectionary readings Pent 5 (15)

Am 7: 7-17 **Ps 82**

Col 1: 1-14 **Lk 10:**25-37

Richard's Ramblings

I've joined a gym. After all, I need to get fit and stay fit for Leisa and you all. I had a look at Jetts over the road from the manse, but a) it's a bit pricey, and b) it's full of young supermen and wonderwomen, dressed in designer-gym-gear, and who seem to be heaving kiloton weights without breaking a sweat or getting a manicured eyelash out of place. By contrast, Aitkenvale PCYC has special (read "cheap") prices for old geezers, and the predominant dress code is op shop. There is a problem, in that I haven't got the foggiest how any of their groovy exercise machines work.

A spiritual "gym" can be intimidating, too. Paul tells Timothy (2 Timothy 2:15) "Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth". But many of us see the spiritual giants about the place, and think that we can never attain their level of theological knowledge or personal holiness of life, and we're put off any spiritual exercise at all. Well let me tell you a story. Last time I was a gym regular, at the Wesley Hospital's cardiac rehab gym after being stented some years ago, I observed that many of their old geezers were sedately

peddling exercise bikes at 4km per month, or ambling on a treadmill at a similarly snail pace. And then they'd all go off to a hospital café for cake/s and coffee and a yarn. I asked one of the exercise physios, that can't help them, surely? He replied, "Depression is an evil bigger killer than cholesterol for cardiac patients. Their time here together, sharing war stories about their triple bypasses, and just generally being among friends where they don't feel useless, does them as much good as any miracle pill".

The writer to Hebrews (10:24) bids us "... let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another". Never mind the superheroes, in a gym or a Christian community. We do each other good just by being us, loving each other, encouraging each other, sharing our stories of grace. Oh, and keep an eye on my tummy and chins over the next 6 months ☐



Roster for 21st July, 2019

Preacher: David King
Reader: Shirley Nuss
Greeters: Annette Ireland
Door Steward: June George: Joy Rendall
Offering: David B-T: Andrew Reid
Announcement: Sheree Bugden
Morning Tea: Gail Mumme: Harieta Stephen
Flowers: Dominica Taumalolo

**REGIS AGED CARE SERVICE
THURSDAY 18TH JULY
9.30AM**



**Bunnings
Sausage Sizzle**

We have been allocated a sausage sizzle slot at Bunnings Domain on Saturday 20th July. This is a highly profitable opportunity which will need a team of volunteers for each time slot event. If you could help please sign on the Roster which is at the front of the church. If you are unable to help but would like to make a donation towards the purchase of sausages etc, or donate soft drinks please see Graham Fraser or Anne Brooke-Taylor..

This Week's Calendar

Mon 15th: 9.00am Pastoral Care
10.30am: House of Jonah
7.30pm: Koinonia Group
Tues 16th: 9.30am: Craft, Coffee, Chat
Wed.17th: 5.30pm: Music Group
7.30pm: Jesus Christ SuperStar



Wednesday Bible Study
No study this week as the group is going to Jesus Christ Superstar on

Wednesday night. Bible Study will resume on Wednesday 17th July.

THE LEPROSY MISSION AUSTRALIA
Come and hear Dr Barry Hicks tell his amazing story. He first went to Ethiopia in 1968 as a surgeon.

DATE: Saturday 27th July, 2019
TIME: 2.00pm (with afternoon tea)
PLACE: Anne St, Chapel. 12-14 Anne St. Gulliver

Musical Entertainment: Thuringowa Brass Band.

Enquiries: Audrey Sheffield 0747791960

REALLY ON THIS SUNDAY!!

Notice of meeting
There will be a congregational meeting after the service to ratify the recommendation of the Joint Nominating Committee regarding a ministry agent for our church.

David Brooke-Taylor
(Congregational meeting Chair)

Golf

Lavarack Golf Club

Date: 20 July 2019 6.30am – 6.45am
Cost \$20 (Green Fees & Donation)
Morning Tea and Trophy Presentation
at Wulguru Uniting Church - 9.45am

If possible please send names/numbers

By 12 noon Thursday, 18 July 2019

to Kay Phone: 0409892795

or email: wazz.kay@bigpond.net.au **You must have your Driver's Licence/Photo ID with you to be signed through the gate at Lavarack.**

Please arrive early as we have to hit off well before the club competition.

All proceeds to McKay Patrol

**EVENING SERVICE
14TH JULY, 2019
5.30PM
ALL WELCOME**

